

MENTAL HEALTH STATISTICS (Please keep in mind these do change with time)

MENTAL HEALTH

The impact of mental illnesses on personal health issues accounts for more than 15% of the burden of disease in the world health market. This is more than the disease burden caused by all cancers. (WHO and Harvard University research study)

More than 57.7 million Americans have a mental disorder in any given year, although fewer than 8 million seek treatment. (NIMI, 2004)

Depression and anxiety disorders – the two most common mental illnesses – each affect 19 million American adults annually. (NIMI, 1999)

The estimated economic burden of depression was \$43.7 billion: \$31.3 billion for indirect costs such as decreased productivity and lost work days, and \$12.4 billion in direct costs such as medication and physician time. (NMHA, 2000)

Grief – 30 million people grieve each day in the United States. Employers can't afford to ignore grief. (United Behavioral Health Source)

Up to one-half of all visits to primary care physicians are due to conditions that are caused or exacerbated by mental or emotional problems (Collaborative Family healthcare coalition, 1998)

Two out of ten people suffering from clinical depression start with stress.

Mental disorders are the leading cause of disability in the U.S. and in Canada for ages 15-44.

In 2004, approximately 11 in 100,000 people died from suicide in the U.S. and more than 90% of those people had a diagnosable mental disorder. Four times as many men as women die from suicide although two to three times as many women attempt the act of suicide.

ABSENTEEISM

Psychological problems are responsible for 61% of absences from work each year, 65-86% of employee terminations and 80-90% of industrial accidents.

An estimated one million workers are absent on an average workday because of stress related complaints (the American Institute of Stress, 2000)

Unscheduled absenteeism costs employers as much as \$688 per employee per year. (AIS)

WORK/LIFE ISSUES

One third of the workforce cares for children under the age of 18. Childcare referral programs can reduce employee absenteeism due to childcare needs by 40%.

One third of all employees lose time from work due to caregiving.

Approximately 25% of working parents worry about their children during the day.

90% of the population has a need for legal or financial services and 70% do not seek legal counsel due to fear of the cost.

SUBSTANCE ABUSE

40% of industrial fatalities and 47% of industrial injuries are linked to alcohol/drug consumption and alcoholism.

36% of all employee thefts were directly related to drug problems of abusing employees.

Drug-reliant employees incur 300% higher medical costs and benefits compared to healthy co-workers. (U.S. Chamber of Commerce 1990)

Nearly one-fourth of a drug dependent employee's salary is lost due to increased use of medical benefits.

70% of all current adult illegal drug users are employed. (CSAT, 1999)